



How will you show up as an Anxiety Ally?

Vet Techs, Vets, and VBs

- Rule out underlying or complicating issues that might be influencing home-alone behavior.
- Discuss questions/concerns regarding medication.
- Collaborate with the client and their qualified trainer to determine how medication might fit into a training plan.

Caring for a dog with separation anxiety takes a village. Dog walkers, pet sitters, trainers, behavior consultants, and veterinary professionals are all invaluable members of that village!

Trainers and Behavior Consultants

- Listen and respond with empathy.
- Help clients understand what separation anxiety is and isn't.
- Connect clients with resources to help them get the right information first.
- Refer to, become, or serve as a qualified trainer.
- Support clients in managing their dog's alone time.

Pet Sitter/Dog Walker

- Understand what separation is and the specific care needs of pups struggling with it.
- Be familiar with common myths about “treating” separation anxiety such as crating, food toys, and exercise as a “cure”.
- Support guardians in managing absences for their dog. No amount of coverage is too small!

