

# DOG SEPARATION ANXIETY



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# WHAT IS DOG SEPARATION ANXIETY?



# DOES YOUR DOG...

- engage in destructive behavior when left alone?
- bark or howl excessively when you leave the home?
- have accidents in the house while you are away?



# SEPARATION ANXIETY

## Dos

Do speak to your vet  
about your concerns  
with your dog's  
separation anxiety

## Don'ts

Don't be afraid to  
incorporate  
medication if it is  
recommended for  
your dog by your vet



# SEPARATION ANXIETY

## Dos

Do spend time determining where your dog is most comfortable in the home

## Don'ts

DON't assume that he has to be confined in order to lessen destruction. The gradual process of keeping the dog beneath his panic point will do that automatically.



# SEPARATION ANXIETY

## Dos

Do observe your dog's body language to determine his panic point and return before that time

## Don'ts

Don't try to wait it out so that your dog is not vocalizing, he is experiencing panic which has to be mitigated if you don't want to make things worse



# SEPARATION ANXIETY

## Dos

Do give your dog  
adequate exercise  
and enrichment each  
day

## Don'ts

DON'T expect that  
excessively exercising  
your dog will resolve  
separation anxiety  
-it won't



# SEPARATION ANXIETY

## Dos

Do take things gradually so that your dog can learn that alone time is safe

## Don'ts

Don't resort to any punishment techniques that will likely exacerbate the problem





# NEED MORE SUPPORT?

our online, self-paced course called Mission:POSSIBLE is a great way to get additional help with your dog's separation anxiety.

Check out the information on our website and please use the discount code below if you would like to sign up.

[www.malenademartini.com/possible](http://www.malenademartini.com/possible)

use discount code pawsup for \$50 off



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